



**CEDARS-SINAI**  
SPINE CENTER

# 17th Annual Symposium on Current Concepts in Spinal Disorders

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FEBRUARY 8-10, 2018

## COURSE DIRECTORS

Hyun Bae, MD

Neel Anand, MD

Theodore Goldstein, MD

J. Patrick Johnson, MD



## CONFERENCE LOCATION:

The Bellagio Hotel

3600 S. Las Vegas Blvd.

Las Vegas, NV 89109

To register, visit [cedars-sinai.edu/spinecme](http://cedars-sinai.edu/spinecme)

# ACTIVITY INFORMATION

## COURSE DESCRIPTION AND STATEMENT OF NEED

The 17th Annual Symposium on Current Concepts in Spinal Disorders focuses on treatment methodology, controversies in spine care management, and new and emerging technologies. The faculty is composed of internationally recognized experts who will present lectures focused on innovations in spine surgeries, spine sciences including biologics, stem cells, minimally invasive surgeries, motion preservation, complications, controversies and deformities. Participants will have several opportunities to enjoy personal interactions with many of our country's leading spine professionals. All attendees are encouraged to join faculty for discussions and debates regarding all topics. Attendees are also encouraged to submit cases for our "What would you do?" Challenging Case discussion.

## TARGET AUDIENCE

This activity is designed to meet the educational needs of orthopedic surgeons, neurosurgeons, spine surgeons, physiatrists, pain management physicians, fellows, residents, physician assistants, nurses, nurse practitioners, and other physicians and spine professionals interested in the treatment of spinal disorders.

## EDUCATIONAL OBJECTIVES

- Identify vulnerable areas in spine care and develop more effective treatment strategies, taking into consideration long-term effects from injury as well as the complex factors impacting safety and efficacy
- Identify risk factors associated with spine surgeries and use evidenced-based best practices to manage complications, should they occur
- Discuss recent advances in spine decompression and fusion and the various drivers of disc degeneration, and apply best practices in the management of patients with DDD
- Discuss new innovations and operative techniques and apply them to future clinical decision-making processes
- Describe options for correcting spinal deformities that avoid significant functional and/or neurological impairment in patients
- Recognize and conservatively manage patients with various types of spinal disorders
- Discuss the science, risks and benefits of motion-preservation technologies and strategies to optimize patient outcomes

## ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



## CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for Category 1 credit as meeting the continuing education requirements for license renewal.

## AMERICAN ACADEMY OF PHYSICIAN ASSISTANTS CREDIT

This program is not yet approved for CME credit. Conference organizers plan to request 14 hours of AAPA Category 1 CME credit from the Physician Assistant Review Panel. Total number of approved credits yet to be determined.

## ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Commercial support for this conference is pending and will be acknowledged at the conference.

# AGENDA

## THURSDAY, FEBRUARY 8, 2018

### 12:00-1:00 p.m. Registration and Exhibit Hall Open

#### SESSION 1: SOCIOECONOMICS OF SPINE CARE

**Moderators:** *Theodore Goldstein, MD and J. Patrick Johnson, MD*

1:00	Welcome	<i>Theodore Goldstein, MD and J. Patrick Johnson, MD</i>
1:10	Clinical Judgment and Decision-making in Spinal Surgery	<i>Theodore Goldstein, MD</i>
1:20	<b>Keynote Lecture:</b> Neurosurgery in the Iraq War	<i>W. Lee Warren, MD</i>
2:00	Question and Answer	
2:10	<b>Keynote Lecture:</b> Future Directions in Spine Surgery Education: The Impact of Rapid Change on Surgical Technique	<i>Rick Fessler, MD</i>
	Question and Answer	
2:35	<b>Keynote Lecture:</b> Innovation and Value in a Changing World	<i>Frank Phillips, MD</i>
3:00	Question and Answer	
3:10	Predictive Analytics: The Future of Risk Stratification and Outcome Optimization	<i>Christopher Ames, MD</i>
3:40	<b>Break in Exhibit Hall</b>	

#### SESSION 2: SPINE-CHILLING COMPLICATIONS & CONTROVERSIES IN THE O.R. (AKA: I WISH I'D NEVER DONE THIS CASE)

**Moderators:** *Michael Kropf, MD and Scott Blumenthal, MD*

4:00	<i>Isador Lieberman, MD</i>
4:10	<i>Paul Santiago, MD</i>
4:20	<i>Jens Chapman, MD</i>
4:30	<i>David Polly, MD</i>
4:40	<i>Vincent Traynelis, MD</i>
4:50	<i>Christopher Ames, MD</i>
5:00	Panel Discussion
5:15	Meeting Adjourns (Dinner on your own)

## FRIDAY, FEBRUARY 9, 2018

### 7:00 a.m. Breakfast in Exhibit Hall

#### SESSION 3: COMMON SPINE TOPICS: DISC HERNIATION AND DDD

**Moderators:** *Neel Anand, MD and Eli Baron, MD*

7:30	Basilar Vertebral Nerve: A New Direction	<i>Hyun Bae, MD</i>
7:40	The Cellular Drivers of Disc Degeneration – What's New?	<i>Ashish Diwan, MD</i>
7:50	Surgical and Procedural Drivers of Disc Degeneration	<i>Harvinder Sandhu, MD</i>
8:00	Can We Recreate the Disc after a Discectomy?	<i>Ashish Diwan, MD</i>
8:10	When is Decompression Sufficient as Opposed to Decompression and Fusion	<i>Rick Fessler, MD</i>
8:20	Lumbo-sacral Fusion at the Bottom of a Long Construct: ALIF in the Supine Position is the Best Way	<i>Sigurd Berven, MD</i>
	ALIF in the Lateral Position (OLIF) is More Efficient	<i>Ron Lehman, MD</i>
8:40	Panel Discussion	

#### CHALLENGING CASE DISCUSSION

**Moderators:** *J. Patrick Johnson, MD and Eli Baron, MD*

#### Case Presentations - What Would You Do?

8:50	<i>Paul Santiago, MD</i>
9:00	<i>Sigurd Berven, MD</i>
9:10	<i>W. Lee Warren, MD</i>
9:20	<i>Vincent Traynelis, MD</i>
9:30	<b>Break in Exhibit Hall</b>

#### SESSION 4: FIT - FUTURE INNOVATIONS AND TECHNOLOGIES

**Moderators:** *Hyun Bae, MD and Sang Kim, MD*

10:00	Robotic Spine Surgery	<i>Ron Lehman, MD</i>
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10:10	The Evolution and Changing Landscape of ASC-based Spine Surgery	<i>Sanjay Khurana, MD</i>
10:20	There's an App for That	<i>Robert Watkins Jr., MD</i>
10:30	Changing My Practice to an Exclusive Cervical Disc Replacement Practice	<i>Armen Khachatryan, MD</i>
10:40	Implanted Stimulator of the Multifidus Muscle for LLP	<i>Christopher Gilligan, MD</i>
10:50	Innovation in American Medicine: Lessons from Europe	<i>Alexandre Rasouli, MD</i>
11:00	What's New in SI Joint Fixation	<i>David Polly, MD</i>
11:10	Panel Discussion	

#### **SESSION 5: DEFORMITIES**

**Moderators:** *David Polly, MD and Terrence Kim, MD*

11:15	Anterior Fusion for Thoraco-Lumbar Scoliosis	<i>Robert Bernstein, MD</i>
11:30	The Importance of Cervical Lordosis in One- and Two-level ACDF	<i>Christopher Ames, MD</i>
11:45	How to Avoid PJK	<i>Jens Chapman, MD</i>
12:00 p.m.	Lunch Lecture: Decision-making in Athletes with Spine Injuries	<i>Robert Watkins, IV, MD</i>

#### **12:45 Break in Exhibit Hall**

#### **1:00-3:30 Breakout Sessions and Dry Labs**

1:00-3:30	Spine Nursing: We've Got Our RN's Back's Intro and Disc PRP	<i>Theodore Goldstein, MD</i>
	Spinal Injections	<i>Shelley Gray, RN</i>
	Acupuncture	<i>Linda Lesley, RN</i>
	Pre-Operative Education	<i>Karen Fabac, RN</i>
	Vitamin D and Bone Health	<i>Linda Kanim</i>
	Dry Lab Participation	<i>TBD</i>
2:30-3:30	Technique Videos & Discussion on Circumferential Minimally Invasive Surgery for Adult Spinal Deformity	<i>Neel Anand, MD</i>

3:30-4:15	<b>Keynote Lecture:</b> The Importance of Alignment in Degenerative Cervical Disc Disease	<i>Vincent Traynelis, MD</i>
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4:15-6:00 p.m. Cocktail Reception for Faculty, Attendees, Guests and Vendor Partners

## **SATURDAY, FEBRUARY 10, 2018**

**8:00 a.m. Breakfast in Exhibit Hall**

#### **SESSION 6: THE PAIN CHAIN**

**Moderators:** *Michael Kropf, MD and Edward Nomoto, MD*

8:30	The Psychology of Pain	<i>Christopher Kong, MD</i>
8:40	How to Weed Out Back Pain	<i>Christopher Gilligan, MD</i>
8:50	No Gain, No Pain with Chronic Opioid Therapy	<i>Christopher Gilligan, MD</i>
9:10	The Role of Pain Pumps and Spinal Cord Stimulators	<i>Evis Kamrava, MD</i>
9:20	Cedars-Sinai's Pre-Operative Pain Program: Successes and More Successes	<i>Karl Wittnebel, MD</i>
9:30	Opioid Use: The DEA's Perspective	<i>Jayne Griffin, DEA</i>
9:45	Panel Discussion plus Question and Answer with Faculty Panelists	
9:55	<b>Break in Exhibit Hall</b>	

#### **SESSION 7: A NEW TWIST ON THE CLASSICS**

**Moderators:** *Hyun Bae, MD and Todd Lanman, MD, Edward Nomoto, MD*

10:15	Posterior Facet Replacement	<i>Rick Guyer, MD</i>
10:25	Comparison of Therapies in Lumbar DDD: Network Meta-analysis of Randomized Trials	<i>Jack Zigler, MD</i>
10:35	Multiple-level Arthroplasty for Myelopathy	<i>Hyun Bae, MD</i>
10:45	If You Can't Do the Rehab – Don't Do the Spine Surgery in Professional Athletes	<i>Robert G. Watkins Jr., MD</i>
11:00	Today's Pearls: 4-D Health	<i>Todd Lanman, MD</i>
11:15	Closing Remarks	<i>Theodore Goldstein, MD and J. Patrick Johnson, MD</i>
11:45 a.m.	Adjourn	

**Conference Panelists:** *Steven Hochschuler, MD; Scott Blumenthal, MD, More TBD*

# REGISTRATION

## 17th Annual Symposium on Current Concepts in Spinal Disorders

FEBRUARY 8-10, 2018

REGISTRATION FEES	PHYSICIAN	NON-PHYSICIANS	*RESIDENT/FELLOW
Received by January 14, 2018	\$ 625	\$ 385	\$ 195
Received after January 14, 2018	\$ 715	\$ 440	\$ 255

### ONLINE REGISTRATION

Visit [cedars-sinai.edu/spinecme](http://cedars-sinai.edu/spinecme).

### REFUND POLICY

All cancellations must be submitted in writing, and refunds will be subject to a \$50 administrative charge. No refunds will be given in the final two weeks before the course.

Please email cancellation requests to [cme@cshs.org](mailto:cme@cshs.org). If you do not receive confirmation of your cancellation via email, please call 310-423-5548.

### HOTEL ACCOMMODATIONS

The Bellagio Hotel  
3600 S. Las Vegas Blvd.  
Las Vegas, NV 89109

A special group rate of \$179/night plus taxes is available until January 17, 2018. After this date, reservations will be accepted on a space- and rate-availability basis. Reservations are taken on a first-come, first-served basis.

Reservations can be made online at the Cedars-Sinai Spine Symposium Attendee Reservation Website, <https://aws.passkey.com/e/49209008> or by calling 1-888-987-6667. Please reference the "Cedars-Sinai Spine Symposium" or the group code SCED0218.



# FACULTY

## COURSE DIRECTORS

### **Hyun Bae, MD**

Director, Spine Fellowship Program  
Director of Spine Education  
Cedars-Sinai Spine Center

### **Neel Anand, MD**

Director, Spine Trauma  
Cedars-Sinai Spine Center

### **Theodore B. Goldstein, MD**

Co-Medical Director  
Orthopedics  
Cedars-Sinai Spine Center

### **J. Patrick Johnson, MD**

Director, Neurosurgery  
Neurosurgery Spine Fellowship  
Co-Medical Director  
Cedars-Sinai Spine Center

## GUEST FACULTY

### **Christopher Ames, MD**

Professor of Neurosurgery  
Director of Spine Tumor Surgery  
Director of Spinal Deformity  
University of California, San Francisco

### **Sigurd H. Berven, MD**

Professor in Residence  
Department of Orthopaedic Surgery  
Director of the Spine Fellowship and Resident  
Education Program  
Department of Orthopaedic Surgery  
University of California, San Francisco

### **Scott L. Blumenthal, MD**

Orthopaedic Surgeon  
Texas Back Institute

### **Jens R. Chapman, MD**

Orthopedic Spine Surgeon  
Swedish Neuroscience Institute

### **Ashish D. Diwan, PhD, FRACS, FAOrthA**

Chief, Spine Service  
Department of Orthopaedic Surgery  
St. George Hospital Campus  
Director Bone Biology, Orthopaedic Research  
Institute  
Senior Lecturer & Post-graduate Coordinator  
St. George Hospital Clinical School  
University of New South Wales

### **Richard G. Fessler, MD**

Neurosurgeon  
Rush University Medical Center

### **Christopher Gilligan, MD, MBA**

Chief, Division of Pain Medicine  
Department of Anesthesiology, Perioperative and  
Pain Medicine  
Brigham & Women's Hospital  
Assistant Professor of Anesthesiology  
Harvard Medical School

### **Jayne Griffin, DEA**

Diversion Group Supervisor  
Department of Justice, Nevada

### **Richard D. Guyer, MD**

Associate Clinical Professor of Orthopedics  
Department of Orthopedics  
University of Texas Southwestern School of  
Medicine  
President  
Texas Back Institute

### **Stephen Hochschuler, MD**

Chairman  
Texas Back Institute

### **Armen Khachatryan, MD**

Orthopedic Spine Surgery  
The Disc Replacement Center

### **Sanjay Khurana, MD, FACS**

Spine Surgeon  
Medical Director  
Diagnostic and Interventional Spinal Care (DISC)

### **Ronald A. Lehman, Jr., MD**

Professor of Orthopaedic Surgery, Tenure Chief  
Degenerative, MIS and Robotic Spine Surgery  
Director, Athletes Spine Center  
Director, Spine Research  
Co-Director, Adult and Pediatric Spine Fellowship  
Advanced Pediatric and Adult Deformity Service  
The Spine Hospital, New York-Presbyterian/The  
Allen Hospital

### **Isador H. Lieberman, MD**

Director, Scoliosis and Spine Tumor Program  
Texas Back Institute

### **Frank M. Phillips, MD**

Professor, Orthopedic Surgery  
Director, Division of Spine Surgery  
Rush University Medical Center

### **David W. Polly, Jr., MD**

Professor and Chief of Spine Surgery  
Orthopaedics Department  
University of Minnesota

**Harvinder S. Sandhu, MD**  
Associate Professor  
Hospital for Special Surgery

**Paul Santiago, MD**  
Associate Professor of Neurological and  
Orthopaedic Surgery  
Washington University School of Medicine  
Attending Neurosurgeon  
Barnes-Jewish Hospital

**Vince Traynelis, MD**  
Professor of Neurosurgery  
Rush University Medical Center

**Robert Watkins, Jr., MD**  
Orthopedic Spine Surgeon  
Co-Director, Marina Spine Center

**Robert G. Watkins, IV, MD**  
Co-Director, Marina Spine Center

**W. Lee Warren, MD, FACS, FAANS**  
Medical Director  
Advantage Orthopedics and Neurosurgery

**Jack Zigler, MD**  
Medical Director  
Chairman, Texas Back Institute

**CEDARS-SINAI FACULTY**

**Eli M. Baron, MD**  
Clinical Associate Professor of Neurosurgery  
Neurosurgeon  
Cedars-Sinai Spine Center

**Robert Bernstein, MD**  
Vice Chair, Clinical Affairs  
Medical Director  
Cedars-Sinai Orthopedic Center

**Evish Kamrava, MD**  
Interventional Spine Physician  
Cedars-Sinai Spine Center

**Sang Kim, MD**  
Orthopaedic Spine Surgeon  
Cedars-Sinai Spine Center

**Terrence Kim, MD**  
Orthopaedic Spine Surgeon  
Cedars-Sinai Spine Center

**Christopher Kong, MD**  
Orthopaedic Spine Surgeon  
Cedars-Sinai Spine Center

**Michael A. Kropf, MD**  
Orthopaedic Spine Surgeon  
Cedars-Sinai Spine Center

**Todd Lanman, MD**  
Neurosurgeon  
Cedars-Sinai Spine Center

**Edward K. Nomoto, MD**  
Orthopaedic Spine Surgeon  
Cedars-Sinai Spine Center

**Alexandre Rasouli, MD**  
Orthopedic Surgeon  
Cedars-Sinai Spine Center

**Karl Wittnebel, MD**  
Director, Preoperative Pain Program  
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